



## Artist Bio

Updated: January 01, 2026  
Page 1 of 3

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## QUIET GIRL

Loud music. Clear stance. Zero compromise.



Quiet Girl is a hard-hitting rock trio from Lübeck, Germany, formed in early 2024. **Nele** (guitar/vocals), **Merle** (bass/vocals) and **Ina** (drums) were just 14 to 17 years old when they started the band - and immediately set out to shatter expectations.

Their name is a deliberate provocation. Quiet Girl flips the outdated stereotype of the “silent, well-behaved girl” on its head. What you get instead is loud, fearless and unapologetic music that refuses to stay in the background.

## SOUND



Quiet Girl fuse **alternative metal**, **punk** and **post-grunge** into an explosive, emotionally charged sound. Punk's raw defiance meets heavy riffs, deep basslines and grunge-soaked introspection. The result is intense, urgent and powerful - especially live, where the band creates an almost physical pull.

As one NDR editor put it after a show:

*“Anything but quiet - this girl band from Lübeck burns post-grunge, punk and rock straight into my ears. Heavy riffs, deep bass, tempo changes - and a stage presence that completely blows me away.”*

— Lornz Lorensen, NDR editor, blog entry dated 25 July 2024

## Message



Quiet Girl are more than a band - they are a statement. All three members have experienced sexism and discrimination firsthand, and they openly confront the structural imbalance of a music industry that remains heavily male-dominated.

In 2023, only 22 of 170 acts at Germany's ten biggest festivals were female or mixed-gender. At **Wacken Open Air 2025**, around 90% of the lineup was male. This reality was a key reason behind the band's formation.

In response, Quiet Girl launched the project “**Gender Equality in the Music Scene**” in 2024, supported by a federal program of the German Ministry for Family Affairs, Senior Citizens, Women and Youth.

Their message is clear:

**Be loud. Take space. Don't wait for permission.**

*“We want to show that young women in rock music shouldn't be the exception - but a given. Confident, loud and visible.”*



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Page 2 of 3

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## Visual Projects & Releases



In January 2025, Quiet Girl recorded their first five songs with renowned producer Lasse Lammert. These tracks are currently being transformed into **five interconnected narrative short films** - not classic music videos, but episodic storytelling following a single day in the life of a teenage girl.

The films explore themes such as gender inequality, sexism, bullying, harassment, self-doubt, self-assertion and femicide.

- **Two animated films**, directed by female students from Film University Babelsberg KONRAD WOLF, using consciously female and gender-diverse visual language
- **Three live-action films**, directed by Hamburg-based filmmaker **Tom Bewilogua**

The release of the short films will begin after the EP's release and will roll out monthly on YouTube starting in 2026.

In **September 2025**, the band recorded an additional song at **Jak's Hell Studio** under the direction of **Jens Krabbenhöft**. Their **debut EP "Don't Be Quiet"**, featuring a total of six songs, will be released on **February 6, 2026**. The EP will be available via **Bandcamp** as well as on all major streaming platforms such as Apple Music, Deezer, TIDAL, and Amazon Music — deliberately excluding Spotify.

Earlier, on **December 12, 2025**, the first standalone music video for the EP, **"Schaukelsong,"** was released, independent of the narrative short films.

Quiet Girl's debut album is scheduled for release in autumn 2026.

## Performances and Highlights

- **July 2024:** Winner of the **CLASSICAL BEAT Young Talents Award**, competing against over twelve other acts from Schleswig-Holstein.
- **June 2024:** Selected by the **Schleswig-Holstein State Music Council** as one of **three finalists** for the **state final of the Local Heroes band contest** at Kiel Week. Juror Dennis Brandau (NDR radio host) praised the band's strong recognizability, saw them "at Rock am Ring," and compared them to the **Red Hot Chili Peppers**, whose music can also be recognized "after just the first few bars."
- **May 2025:** 1st place in the northern preliminary round of the **Emergenza Band Contest** at Logo Hamburg.
- **June 2025:** 2nd place in the **Emergenza Northern Final** at Knust Hamburg.  
June/July 2025: Performance at **RockTreff** in Berlin and a slot at the **Radio BOB! Rockcamp** during Kiel Week.
- **21 June 2025:** **NDR Schleswig-Holstein Magazine** accompanied the band during Kiel Week and produced a TV portrait about Quiet Girl.
- **November 2025:** Quiet Girl was selected as one of the musicians for the **42nd edition of Treffen junge Musikszene** by the **Berliner Festspiele**, making them one of the 14 winners of this year's competition.



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Page 3 of 3

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## Played Gigs

### 2024

- 25.05.2024 - Siedlungsfest Dornbreite, Lübeck
- 02.06.2024 - CLASSICAL BEAT Young Talents, Marktplatz Eutin
- 08.06.2024 - HanseKulturFestival, Lübeck
- 15.06.2024 - Junge Bühne, Holstenküste Neumünster
- 27.06.2024 - Local Heroes, Kieler Woche
- 29.06.2024 - Junge Bühne, Kieler Woche
- 20.07.2024 - CLASSICAL BEAT Young Talents, Travemünder Woche, Priwall
- 21.07.2024 - CLASSICAL BEAT Young Talents, Travemünder Woche, Priwall
- 12.09.2024 - Popnet.SH Nordkolleg, Rendsburg
- 30.11.2024 - Festival der RockPop-Schule Lübeck, Werkhof Lübeck

### 2025

- 15.02.2025 - AJZ Neumünster
- 09.05.2025 - Friedensfest, Stockelsdorf
- 17.05.2025 - Priesterkate Open Air, Büchen
- 24.05.2025 - Emergenza Festival, Logo Hamburg
- 29.05.2025 - Kuhltopia-Laut, Müssen
- 06.06.2025 - Wilwarin Festival, Ellerdorf
- 14.06.2025 - Junge Bühne, Holstenküste Neumünster
- 21.06.2025 - CLASSICAL BEAT Festival, Seepark Eutin
- 21.06.2025 - Junge Bühne, Kieler Woche
- 27.06.2025 - Radio BOB! Rockcamp, Kieler Woche
- 28.06.2025 - Emergenza Festival, Knust Hamburg
- 04.07.2025 - Bandfestival, Bargfeld-Stegen
- 05.07.2025 - Langeln Open Air, Langeln
- 11.07.2025 - RockTreff, Berlin
- 18.07.2025 - CLASSICAL BEAT Festival, Travemünde
- 19.07.2025 - Secret Show, Lüdersdorf
- 05.09.2025 - Jugendkultursommer, Bad Oldesloe
- 06.09.2025 - Philippos Erlebnispark, Blekendorf
- 20.09.2025 - Funambules, Lübeck
- 25.09.2025 - Klangfestival, Flensburg
- 27.09.2025 - Youth Unleashed, Bad Segeberg
- 29.10.2025 - 25 Jahre Tolzi e.V., Neumünster
- 20.11.2025 - Treffen junge Musikszene der Berliner Festspiele, Berlin
- 29.11.2025 - Festival der RockPop-Schule Lübeck, Werkhof Lübeck
- 27.12.2025 - FCK2025 Schaubude im Hinterhof, Kiel

## Outlook



Quiet Girl combine youthful intensity with surprising musical maturity and a crystal-clear political stance. In a short time, they've built momentum far beyond their hometown - and they're only getting started.

**With a clear attitude, youthful force and striking musical maturity, Quiet Girl are already on their way to becoming one of Germany's most exciting new rock bands.**

Quiet Girl may sound soft by name, but on stage they are anything but.

**This is not background music.**

**This is a band that demands to be heard.**