



Artist Bio

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QUIET GIRL

Loud music. Clear stance. Zero compromise.



Quiet Girl is a hard-hitting rock trio from Lübeck, Germany, formed in early 2024. **Nele** (guitar/vocals), **Merle** (bass/vocals) and **Ina** (drums) were just 14 to 17 years old when they started the band - and immediately set out to shatter expectations.

Their name is a deliberate provocation. Quiet Girl flips the outdated stereotype of the “silent, well-behaved girl” on its head. What you get instead is loud, fearless and unapologetic music that refuses to stay in the background.

SOUND



Quiet Girl play **Alternative Metal**, **Post-Grunge**, and **Post-Hardcore** - raw, direct, physical. The stage presence of the three musicians carries a maturity and force that goes far beyond their age - and catches audiences off guard every time. Their songs are hooky and stick with you. Over 50 shows since the band's formation prove it. With their music, attitude, and energy, they reach a rising generation that is just as loud as they are.

As one NDR editor put it after a show:

“Anything but quiet - this girl band from Lübeck burns post-grunge, punk and rock straight into my ears. Heavy riffs, deep bass, tempo changes - and a stage presence that completely blows me away.”

— Lornz Lorensen, NDR editor, blog entry dated 25 July 2024

Message



Quiet Girl are, first and foremost, a band - but their attitude is impossible to ignore. All three musicians have had their own experiences with prejudice, condescension, and sexism in the music scene.

In 2023, only 22 of 170 acts at Germany's ten biggest festivals were female or mixed-gender. At **Wacken Open Air 2025**, around 90% of the lineup was male. This reality was a key reason behind the band's formation.

In 2024, the band carried out the project “**Gender Equality in the Music Scene**”, funded by the German Federal Ministry for Family Affairs, Senior Citizens, Women and Youth (BMFSFJ). Its aim: to encourage young female musicians and challenge existing structures.

Their message is clear: **Be loud. Take space. Don't wait for permission.**

“We want to show that young women in rock music shouldn't be the exception - but a given. Confident, loud and visible.”

— Quiet Girl



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Visual Projects & Releases



In January 2025, Quiet Girl recorded their first five songs with renowned producer Lasse Lammert. These tracks are currently being transformed into **five interconnected narrative short films** - not classic music videos, but episodic storytelling following a single day in the life of a teenage girl.

The films explore themes such as gender inequality, sexism, bullying, harassment, self-doubt, self-assertion and femicide.

The release of the short films will begin after the EP's release and will roll out monthly on YouTube starting in 2026.

In **September 2025**, the band recorded an additional song at **Jak's Hell Studio** under the direction of **Jens Krabbenhöft**. Their **debut EP "Don't Be Quiet"**, featuring a total of six songs, will be released on **February 6, 2026**. The EP will be available via **Bandcamp** as well as on all major streaming platforms such as Apple Music, Deezer, TIDAL, and Amazon Music – deliberately excluding Spotify.

Earlier, on **December 12, 2025**, the first standalone music video for the EP, **"Schaukelsong,"** was released, independent of the narrative short films.

Quiet Girl's debut album is scheduled for release in autumn 2026.

Performances and Highlights

- **July 2024:** Winner of the **CLASSICAL BEAT Young Talents Award**, competing against over twelve other acts from Schleswig-Holstein.
- **June 2024:** Selected by the **Schleswig-Holstein State Music Council** as one of **three finalists** for the **state final of the Local Heroes band contest** at Kiel Week. Juror Dennis Brandau (NDR radio host) praised the band's strong recognizability, saw them "at Rock am Ring," and compared them to the **Red Hot Chili Peppers**, whose music can also be recognized "after just the first few bars."
- **June/July 2025:** Performance at **RockTreff in Berlin** and a slot at the **Radio BOB! Rockcamp** during Kieler Woche.
- **21 June 2025:** **NDR Schleswig-Holstein Magazine** accompanied the band during Kiel Week and produced a TV portrait about Quiet Girl.
- **November 2025:** Quiet Girl was selected as one of the musicians for the **42nd edition of Treffen junge Musikszene by the Berliner Festspiele**, making them one of the 14 winners of this year's competition.
- **April 2026:** Won the **Band Slam 2026** at Campus Open Air Lübeck (COAL).
- **May 2026:** Won the talent award **"Made in Norddeutschland 2026"**.
- **June 2026:** Won the Schleswig-Holstein regional final of the **Local Heroes Musikpreis** - Quiet Girl now represent the state at the national final.



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Outlook



Quiet Girl combine youthful intensity with surprising musical maturity and a crystal-clear political stance. In a short time, they've built momentum far beyond their hometown - and they're only getting started.

With a clear attitude, youthful force and striking musical maturity, Quiet Girl are already on their way to becoming one of Germany's most exciting new rock bands.

Quiet Girl - a name that sounds quiet. A band that proves the opposite.

Played Gigs

2024

- 25.05.2024 - Siedlungsfest Dornbreite, Lübeck
- 02.06.2024 - CLASSICAL BEAT Young Talents, Marktplatz Eutin
- 08.06.2024 - HanseKulturFestival, Lübeck
- 15.06.2024 - Junge Bühne, Holstenküste Neumünster
- 27.06.2024 - Local Heroes, Kieler Woche
- 29.06.2024 - Junge Bühne, Kieler Woche
- 20.07.2024 - CLASSICAL BEAT Young Talents, Travemünder Woche, Priwall
- 21.07.2024 - CLASSICAL BEAT Young Talents, Travemünder Woche, Priwall
- 12.09.2024 - Popnet.SH Nordkolleg, Rendsburg
- 30.11.2024 - Festival der RockPop-Schule Lübeck, Werkhof Lübeck

2025

- 15.02.2025 - AJZ Neumünster
- 09.05.2025 - Friedensfest, Stockelsdorf
- 17.05.2025 - Priesterkate Open Air, Büchen
- 24.05.2025 - Emergenza Festival, Logo Hamburg
- 29.05.2025 - Kuhltopia-Laut, Müssen
- 06.06.2025 - Wilwarin Festival, Ellerdorf
- 14.06.2025 - Junge Bühne, Holstenküste Neumünster
- 21.06.2025 - CLASSICAL BEAT Festival, Seepark Eutin
- 21.06.2025 - Junge Bühne, Kieler Woche
- 27.06.2025 - Radio BOB! Rockcamp, Kieler Woche
- 28.06.2025 - Emergenza Festival, Knust Hamburg
- 04.07.2025 - Bandfestival, Bargfeld-Stegen
- 05.07.2025 - Langeln Open Air, Langeln
- 11.07.2025 - RockTreff, Berlin
- 18.07.2025 - CLASSICAL BEAT Festival, Travemünde
- 19.07.2025 - Secret Show, Lüdersdorf
- 05.09.2025 - Jugendkultursommer, Bad Oldesloe
- 06.09.2025 - Philippos Erlebnispark, Blekendorf
- 20.09.2025 - Funambules, Lübeck
- 25.09.2025 - Klangfestival, Flensburg
- 27.09.2025 - Youth Unleashed, Bad Segeberg
- 29.10.2025 - 25 Jahre Tolzi e.V., Neumünster
- 20.11.2025 - Treffen junge Musikszene der Berliner Festspiele, Berlin
- 29.11.2025 - Festival der RockPop-Schule Lübeck, Werkhof Lübeck
- 27.12.2025 - FCK2025 Schaubude im Hinterhof, Kiel

2026

- 31.01.2026 - Stellwerk, Hamburg
- 27.02.2026 - Female Fronted Rock Festival III, Kiel
- 13.03.2026 - MarX, Hamburg
- 20.03.2026 - Dark Claus Over, Kiel
- 04.04.2026 - Emergenza First Round, Logo Hamburg
- 18.04.2026 - Band Slam 2026, Audimax, Campus der Universität zu Lübeck
- 01.05.2026 - Maifest, Treibsand Lübeck
- 02.05.2026 - Inihaus, Bad Oldesloe
- 16.05.2026 - Made in Norddeutschland 2026, Kalkberg Oase Bad Segeberg
- 23.05.2026 - Kunstfest Schattin
- 29.05.2026 - Campus Open Air Lübeck
- 05.06.2026 - Campusfestival Kiel 2026
- 06.06.2026 - Emergenza Nordfinale, Knust Hamburg
- 12.06.2026 - U27 Stage, Stadtfest Oldesloe
- 20.06.2026 - Junge Bühne, Kieler Woche
- 24.06.2026 - Local Heroes, Kieler Woche